

URJ Heller High Corona Protocols - Spring 2022 *(as of January 2022, subject to change)*

The overarching goals of these protocols are:

1. To prevent:
 - a. Student exposure to the virus and subsequent quarantine
 - b. Students and staff from contracting the virus
2. To lay out procedures should a student or staff member contract the virus:
 - a. To mitigate the spread of the virus to other students
 - b. To safely care for the physical and emotional health of sick students

Following the initial period of quarantine, the following rules will govern all of our decisions:

➤ When interacting with those outside the URJ Heller High student body (including counselors, senior staff, teachers, etc.), both sides will wear masks, socially distance, meet outdoors when possible, and limit the length of exposure when possible - especially with teachers and other outsiders.

In classrooms or activity rooms, students and faculty must be masked.

When meetings between students and others take place outside, if there is a distance of less than 6 feet between the parties masks must be worn.

When the whole group meets together, masks must be worn, even if the meeting is outdoors.

Students are asked to bring a minimum of 20 KN95 masks to start the semester. Cloth and surgical masks alone are not considered to provide sufficient protection. Masks are readily available in Israel. We will provide each student with a reusable mask (with a logo) for each of the group flights, to be worn above the KN95 mask.

Dorm Life

Senior staff can meet with students while masked and socially distanced. If meetings happen indoors, windows need to be open. Students will be allowed to visit the URJ Heller High offices for private meetings (see office section) but only when absolutely necessary. Whenever possible, such meetings will take place outside.

Counselors must be tested 3 days after returning from a weekend or day off.

IMPORTANT NOTE: Dorm counselors and teachers should NEVER bring students to the office and students are not allowed in the office unless directed to be there by senior staff

CONSEQUENCES

1. During quarantine, students who leave their assigned quarantine areas at any time **will** be dismissed from the program.
2. During the non-quarantine period, repercussions for not following COVID-19 protocols will be severe and may include or lead to dismissal from the program.

Nobody is allowed in the students' rooms except students and dorm counselors. Any other staff or administrators who need to enter a student room, for any reason, must coordinate this in advance with either Rabbi Sykes, David Solomon, or Judy Goldstein, the Director of Student Services.

Interactions with senior staff and anyone outside of the group will be distanced and with masks

Cleanliness / Hygiene in the dorms and classrooms

RULE 1 - Cleaning

The students will clean the surfaces in their rooms every night before going to bed, and the *Duty Room** (duty room defined in Procedure section below) will clean key public places, e.g. the Zula (student lounge).

PROCEDURE:

In each room, the following surfaces must be cleaned daily with anti-bacterial wipes by the students living in the room:

All interior and exterior doorknobs and handles (rooms, bathroom, and entrance), bathroom surfaces, faucet in sink, hot/cold water knobs in the showers, light switches, toilet, and desktops.

***Cheder Toran* (Duty Room*):** Assigned to one student room on a weekly rolling basis.

- They will be responsible for cleaning the doorknobs of the entrance and exit to the classrooms and Zula.

Dorm Counselors are responsible for cleaning their own rooms.

The school will provide cleaning supplies, hand sanitizer, antibacterial wipes and gloves.

Twice a week there will be a *misdar chedarim* (weekly clean) when students straighten up, organize their rooms, sweep, etc.

- Following the quarantine period, cleaners will come regularly to the rooms to clean surfaces and bathrooms. Classrooms will be wiped down every day and cleaned regularly.

RULE 2 - Personal hygiene.

Each student will abide by the following rules:

- There will be absolutely no sharing of eating utensils or water bottles.
- Students will wash hands before and after eating or using the restroom.
- There will be no sharing of towels, hairbrushes, etc.
- When interacting with anyone (senior staff, teacher, etc.) from outside the pod, a mask will be worn and social distancing practiced.
- When in class, a mask must be worn.

I. Daily Health Reporting

RULE 1

Every student will check their temperature and complete a health declaration every night and morning.

PROCEDURES

Every night and morning, the dorm counselors will walk from room to room with a non-touch thermometer, asking how everyone is doing (general check-in), ask if anyone has COVID symptoms, and check their temperatures. The counselors will then update Judy every night that the room checks out or if any students report symptoms or have a temperature of 38 degrees Celsius (100 F) or higher.

Coronavirus symptoms will be posted on the walls in the school: Fever, dry cough, breathing difficulties, exhaustion, muscle aches, headaches, sore throat, loss of taste and smell.

II. School and Study Areas – Classrooms

➤ **RULE 1:** Safety precautions must be taken in order to prevent the spread of the virus and the consequent need for an additional group quarantine.

PROCEDURES:

Windows will remain open in the classrooms, as much as the weather permits. Students and teachers will be asked to wash hands when going in and out of class. Bottles of hand sanitizer will be in every classroom

➤ **RULE 2:** Teachers must clean their desk at the end of class. Wipes will be provided.

- **RULE 3:** Masks must be worn by teachers and students at all times in the classrooms.
- **RULE 4:** Face shields are NOT acceptable substitutes for masks. They can be worn in addition to, but not instead of, masks.
- **RULE 5:** Cleanliness and hygiene in the classrooms must be maintained.
- **RULE 6:** Windows and doors should be left open to the extent that weather permits.

PROCEDURES:

- The classrooms will be cleaned regularly.
- No food wrappers, etc. will be left behind in the classrooms.

III. Food

Chadar Ochel (Dining Room)

- **RULE 1:** Students must obey all policies of the chadar ochel whether meals take place in the dining hall or in the hotel lobby.

PROCEDURES

- Students enter and sit according to assigned space for Heller High students. Masks will be worn at all times unless the student is seated and eating.
- Chairs in the dining room and the hotel lobby may not be moved closer together as they are set up intentionally to ensure appropriate social distancing.
- When returning trays, plates, etc, students must wear masks.
(Rule - mask on unless you are seated and eating)
- Staff, except for dorm counselors, may not eat in the chadar ochel or hotel lobby with students.

Marcolit (Kibbutz Store)

After the quarantine period, students will be allowed to visit the marcolit, A mask must be worn at all times in the store.

Tiyulim (Field Trips) & Ordering In

➤ RULE 1: Shopping during field trips.

- In general, when stopping on a bus trip, students can use the restrooms but cannot buy anything in the stores.
- Supervisors on location may make the decision to enter certain stores if they are reasonably empty and masks are worn.

➤ RULE 2: Ordering In

- Orders placed to be delivered to the kibbutz must be left outside of the students' rooms and ordered from a "purple badge restaurant."
- Payment, including tip, should be made by credit card when placing an order, to eliminate contact between students and delivery people.

➤ RULE 3: Bus rides

- Masks must be worn during bus rides
- Teachers and other staff (not counselors) must sit behind the driver
- Students must wash their hands and use hand sanitizer before getting on the bus.

IV. Leisure Time

Sports

- **RULE 1:** Students can only play sports with other students in the Heller High bubble. As such, they can play unmasked.

PROCEDURES

- Jogging on kibbutz only after quarantine.
- Sports facilities can be used after quarantine.

Visitation

- **RULE 1:** All visits must be approved with the senior administration. Visits will take place outside and all participants and visitors will wear masks and always maintain social distancing. In the event of inclement weather, visits will take place in the hotel lobby, preferably on the covered porch. Again, masks must be worn, and social distancing maintained throughout the visit.

Free nights

- **RULE 1:** Evening outings, off the kibbutz, will take place at the discretion of the school administration and will be dependent on national policy regarding the opening/closing of indoor and outdoor malls.

Shabbat off the kibbutz

➤ **RULE 1:** At the moment, circumstances do not allow for students to spend free Shabbatot away from the group. This rule will be re-evaluated as circumstances change.

V. Office Procedures

Students must arrange in advance to enter the offices of the school. We will try to limit this as MUCH as possible. Teachers will limit their visits to the office as much as possible.

Neither students nor teachers can freely visit the office. When meetings between students or teachers and members of the administration are necessary, they should take place outside. However, if a situation arises necessitating a private space to meet a student or teacher, and there is no other space for said meeting or there is inclement weather, senior staff can bring the student/teacher to the office. For both indoor and outdoor meetings, masks must be worn, and social distancing observed. If meetings take place inside, office windows must be open, weather permitting.

VI. Tiyulim

➤ **RULE 1:** When the whole group is together, masks must be worn at all times.

➤ **RULE 2:** On busses, staff enter from the front, students from the back. Everyone on the bus must wear a mask at all times.

➤ **RULE 3:** Prior to departure, all seat rests will be wiped down by staff members or by the cheder toran.

VII. Sick Students and Isolated Participants

➤ **SCENARIO 1:** A student has a regular cold or other illness that does not include: fever, cough, stomach “issues.”

PROCEDURES

Students are obligated to share this information with dorm counselors during their regular evening or morning check-in or at any other time.

- Counselor will inform Judy Goldstein.
- Student can receive regular over the counter pain medication (tylenol / advil)
- Student will visit a doctor (or be visited by a doctor) if symptoms persist
- If a student needs to miss class, the dorm counselor must check with Judy Goldstein, David Solomon, or Rabbi Sykes for permission.

- A student who has a cold can attend classes. If a student has strep throat, they must be on antibiotics for 48 hours before returning to classes. Any student who has a fever may only return to class after they are fever-free for at least 24 hours.
- Initial medical treatment will be provided in conjunction with the kibbutz clinic. If necessary, a dorm counselor will accompany the student to the major medical clinic in Mevasseret Zion.

➤ **SCENARIO 2:** A student has COVID-19 symptom(s), including: Fever, cough, diarrhea, loss of taste/smell.

PROCEDURES:

- Counselor will inform Judy. Senior staff will decide if the student(s) immediately enters the pre-assigned corona-room.
 - Should the rooms all be fully occupied, we will do our best to locate another room so as to avoid cross-infection. (cross infection = one student has it and others do not.)
 - Counselors will instruct the student to mask up, get clothes for a few days, books, computer/tablet/phone, chargers, and other personal items. **THIS WILL BE DONE WITH NO OTHER STUDENTS IN THE ROOM.** We will get medical advice as to what measures need to be taken for roommates, other group members and staff.
 - Consideration will be made whether to keep the rest of the students from certain programming if it is determined that there is a risk of infecting others with COVID.
 - Rabbi Sykes will inform parents and senior URJ leadership.
 - Judy Goldstein or Rabbi Sykes will speak with a doctor.
- Questions posed to doctor
 - Can/should student visit with a doctor?
 - SHOULD/can the student be immediately tested?
 - Does the student need to remain in quarantine?
- While awaiting test results, student will remain in quarantine.
 - Staff will not enter the room.
 - The entire group will be reminded to wash hands and inform us if they experience any symptoms. They should not touch items belonging to, or used by, the sick student.
 - Students will be reminded of protocols,
 - Any staff who interacted with the student will change clothes, wash hands, etc.
- The student is not to open their door or leave the room at any time.
- Counselors will ensure that meals are delivered to the student(s) in the quarantine room and also spend time on Zoom with the student to help ease the sense of quarantine.
- The student will be checked on every 4 hours and asked to take their temperature at regular intervals.
- A dorm counsellor will track the temperature of the student.
- Should the student have a temperature above 100F which does not come down an hour or two after taking Tylenol/Advil/Acamol, we will call the nurse, or Clalit Health Services for guidance.
- A senior staff member will manage this process from start to finish.

➤ **SCENARIO 3:** Student(s) test positive for COVID-19.

PROCEDURES:

1. The student will remain in quarantine.
2. The parents will be notified by Rabbi Sykes.
3. Judy Goldstein will update counselors and remind them of the procedures below.
4. URJ Leadership will be informed by Rabbi Sykes.
5. Students will all be asked to wear masks, wash hands, and maintain social distancing until we can get them all into their rooms.
6. Students showing symptoms who have NOT yet been tested for COVID will be isolated (together if needed). We will go into immediate quarantine.
7. Students will be tested. If we need to prioritize, we will start with roommates/good friends/significant others.
8. If we need to transfer to a testing site, we will use a car with dividers in place, masks will be worn, and windows kept open. We will try to organize for testing to take place at Tzuba
9. Upon receiving test results of ALL the students, we will enter quarantine together as follows:
 - a. Students who test positive and have COVID-19 symptoms
 - b. Students who test positive and do NOT show any symptoms
 - c. Students who test negative and have COVID-19 symptoms
 - d. Students who test negative and do NOT show any symptoms
10. Should a student whose test results are negative show symptoms, we will ask the doctor for a referral, if needed, to have them re-tested.
ANY interaction that is necessary between dorm counselors or senior staff with the group, at this point, will be done with PPE.
11. All programming will move to Zoom and dorm counselors will continue to check in with students through WhatsApp or from outside the rooms
12. Rabbi Sykes will consult with infectious disease experts regarding additional procedures that may be required. He will maintain regular contact with the staff chair of the URJ camps COVID-19 committee and will update protocols as needed.
13. If hospitalization is required, to the extent permitted by hospital and Israeli governmental policies and protocols, Rabbi Sykes will visit the student while in the hospital. URJ Heller High will take every possible step to ensure that the medical personnel treating a student will communicate with her or him in English and will be present, along with family members, via zoom or other video conference application, to make treatment decisions

➤ **SCENARIO 4:** The entire group or part of the group is required to quarantine due to exposure to the virus.

PROCEDURES: If exposure was extreme (i.e., one of our students broke a rule and was exposed for a meaningful period of time to a sick individual).

1. Students directly exposed to the virus will be tested after three days.
2. Those students will wear masks when with their friends / roommates, as will other people when they are together with the students who were exposed.
3. Should one of the dorm counselors be sick and unable to perform their duties, we will operate with as few as 4 dorm counselors. Staff (including office staff) may need to locate a dorm counselor from outside, to join the staff ASAP. If

necessary, members of the senior staff will move to Kibbutz Tzuba for the duration of the quarantine.

4. These measures will be taken in consultation with experts in the field.
5. Rabbi Sykes will regularly update parents regarding the status of COVID-19 and Heller High if and when the need arises.

➤ **SCENARIO 5** – A student comes into close contact with a confirmed Covid-19 patient.:

Definitions:

- 1) Close Contact – An interaction that lasts more than fifteen minutes at a distance of less than 6 ft (2 meters).
- 2) Confirmed Covid-19 Patient – Someone who has tested positive for the Covid-19 virus. Such a person may have symptoms or be asymptomatic.

The following testing and quarantine regimen is the policy of Israel's Ministry of Health, updated on January 18, 2022

Procedures:

1. The student will notify Rabbi Sykes, Judy Goldstein, David Solomon or one of the madrichim.
2. Rabbi Sykes or Judy will notify the student's family.
3. The student will take a rapid antigen test on the third day after exposure.
4. In the interim, the student will continue their regular schedule.
5. If the antigen test result is **NEGATIVE** – the student will **not** need to quarantine.
6. If the antigen test result is **POSITIVE** – the student will be taken to an authorized testing station and will then go into quarantine.
7. If the result of the test from the authorized testing station is **NEGATIVE** – the student will be allowed to leave quarantine.
8. If the result of that test is **POSITIVE** as well, the student will be required to remain in quarantine for at least five days (The day of the authorized test is the considered the first day of quarantine).
 - A Rapid home antigen test will be administered by a staff member on the evening of the 4th day of quarantine.
 - A second rapid home antigen test will be administered by a staff member on the 5th evening of quarantine.
9. If the results of BOTH home tests are **NEGATIVE AND** no symptoms have appeared for 48 hours, the student will be able to leave quarantine after getting a certificate of recovery from our HMO – Clalit.
10. If the result of either of these two tests is **POSITIVE**, the student will be required to stay in quarantine until the end of day seven from when the official test was given. They are not required to take another test. They will be able to leave quarantine upon receipt of a certificate of recovery from our HMO – Clalit.

We, the undersigned, understand that these **URJ Heller High Corona Protocols – Spring 2022**, apply from the time the participant leaves home for the semester, every day during the semester, and until the participant returns from the semester. We understand and acknowledge that compliance with these protocols is not optional, that they are for the participant’s safety, the safety of other participants, flight attendants on the planes to and from Israel, Heller High staff, teachers, members of Kibbutz Tzuba, and anyone else with whom the student may have contact throughout the semester.

We affirm that we have read these protocols, discussed them, and they will be obeyed by our child. We further understand that the sanctions imposed by the URJ Heller High staff for any violations could include immediate expulsion at the expense of the parent/guardian with no refund of tuition.

Participant’s Name (please print) : _____

Signature of Participant: _____ **Date:** _____

Parent/Guardian’s Name (please print): _____

Signature of Parent/Guardian: _____ **Date:** _____

Parent/Guardian’s Name (please print): _____

Signature of Parent/Guardian: _____ **Date:** _____

Please sign, date, scan and attach the signature page and upload it to your CamplnTouch account or email it to rkulwin@urj.org.

****URJ Heller High School in Israel students will not be permitted to board their flight to Israel without submitting a signed copy of this form to Robin Kulwin, Heller High Director of Admissions.**