

URJ Heller High COVID-19 Protocols

(as of December 18, 2020, subject to change)

The overarching goals of these protocols are:

1. To prevent:
 - a. Student exposure to the virus and subsequent quarantine
 - b. Students and staff from contracting the virus
2. To lay out procedures should a student or staff member contract the virus:
 - a. To mitigate the spread of the virus to other students
 - b. To safely care for the physical and emotional health of sick students

Following the initial period of quarantine, the following rules will govern all of our decisions:

- Our students and dorm counselors are a family unit with typical interactions, with a heightened awareness of handwashing, cleaning, and social distancing from non-family members.
- When interacting with those outside the URJ Heller High bubble (including senior staff, teachers, etc.), students and dorm counselors will wear masks, socially distance, meet outdoors when possible, and limit the length of exposure when possible - especially with teachers and other outsiders.

Students are asked to bring 7 reusable masks that can be washed OR a minimum of 100 disposable masks to start the semester. Masks in North America are significantly less expensive than in Israel, and medical professionals indicate that disposable “surgical masks” are more effective than reusable cloth masks. We will provide each student with a reusable mask (with a logo) for each of the group flights. We will have a supply of additional disposable masks for those who either do not bring them from North America or who run out of them during the semester.

Dorm Life

1. Masks: Inside the bubble/Outside the bubble

RULE 1

URJ Heller High *Capsule* = protected pod/bubble for students and dorm counselors

- Outside of the URJ Heller High *capsule*
 - All safety measures (masks/distancing) must be adhered to
- Inside the *Capsula*
 - Students and dorm counselors are a family unit: Interactions can happen unmasked.
 - Students can be in one another’s dormitories and rooms according to traditional URJ Heller High rules. (See Student-Parent Handbook, pages 9-10)

PROCEDURES:

If there are unsafe behaviors, such as students interacting in an unsafe way with individuals outside of the bubble, we *may* implement stricter rules for the community, including creating pods by rooms, requiring mask use within the group, cancelling travel, moving learning to Zoom, etc., until we have ascertained that our student body is healthy.

Senior staff can meet with students while masked and socially distanced. If meetings happen indoors, windows need to be open. Students will be allowed to visit the URJ Heller High offices for private meetings (see office section) but only when absolutely necessary. Whenever possible, such meetings will take place outside.

IMPORTANT NOTE: Dorm counselors and teachers should NEVER bring students to the office and students are not allowed in the office unless directed to be there by senior staff

CONSEQUENCES

1. During quarantine, students who leave their assigned quarantine areas at any time will be dismissed from the program.
2. During the non-quarantine period, repercussions for not following COVID-19 protocols will be severe and may include or lead to dismissal from the program.

RULE 2

Nobody is allowed in the students' rooms except students and dorm counselors. Any other staff or administrators who need to enter a student room, for any reason, must coordinate this in advance with either Rabbi Sykes, David Solomon, or Judy Goldstein, the Director of Student Services.

Interactions with senior staff and anyone outside of the capsule will be distanced and with masks. On the kibbutz, masks are always worn outside.

Cleanliness / Hygiene in the dorms and classrooms

RULE 1 - Cleaning

The students will clean the surfaces in their rooms every night before going to bed, and the *Duty Room** (duty room defined in Procedure section below) will clean key public places, e.g. the Zula (student lounge).

PROCEDURE:

In each room, the following surfaces must be cleaned daily with anti-bacterial wipes by the students living in the room:

All interior and exterior doorknobs and handles (rooms, bathroom, and entrance), bathroom surfaces, faucet in sink, hot/cold water knobs in the showers, light switches, toilet, and desktops.

Cheder Toran (Duty Room*): Assigned to one student room on a weekly rolling basis.

- They will be responsible for cleaning the doorknobs of the entrance and exit to the classrooms and Zula.

Dorm Counselors are responsible for cleaning their own rooms.

The school will provide cleaning supplies, hand sanitizer, antibacterial wipes and gloves.

Twice a week there will be a *misdar chedarim* (weekly clean) when students straighten up, organize their rooms, sweep, etc.

- During the quarantine period, students will be solely responsible for cleaning their rooms, including mopping the floor.
- Following the quarantine period, cleaners will come regularly to the rooms to clean surfaces and bathrooms. Classrooms will be wiped down every day and cleaned regularly.

RULE 2 - Personal hygiene.

Each student will abide by the following rules:

- There will be absolutely no sharing of eating utensils or water bottles.
- Students will wash hands before and after eating or using the restroom.
- There will be no sharing of towels, hairbrushes, etc.
- When interacting with anyone (senior staff, teacher, etc.) from outside the pod, a mask will be worn and social distancing practiced.
- When in class, a mask must be worn.

I. Daily Health Reporting

RULE 1

Every student will check their temperature and complete a health declaration every night and morning.

PROCEDURES

Every night and morning, the dorm counselors will walk from room to room with a non-touch thermometer, asking how everyone is doing (general check-

in), ask if anyone has COVID symptoms, and check their temperatures. The counselors will then update Judy every night that the room checks out or if any students report symptoms or have a temperature of 38 degrees Celsius (100 F) or higher.

Coronavirus symptoms will be posted on the walls in the school: Fever, dry cough, breathing difficulties, exhaustion, muscle aches, headaches, sore throat, loss of taste and smell.

II. School and Study Areas – Classrooms

➤ RULE 1: The school is a place where students will interact with people *outside* of the URJ Heller High bubble. Safety precautions must be taken in order to prevent the spread of the virus and the consequent need for an additional group quarantine.

PROCEDURES:

Windows will remain open in the classrooms, as much as the weather permits. Students and teachers will be asked to wash hands when going in and out of class. Bottles of hand sanitizer will be in every classroom

➤ RULE 2: Teachers must clean their desk at the end of class. Wipes will be provided.

➤ RULE 3: Masks must be worn by students at all times in the classrooms.

➤ RULE 4: Classes will be conducted with teachers wearing masks and face guards.

➤ RULE 5: Cleanliness and hygiene in the classrooms must be maintained.

➤ RULE 6: Windows and doors should be left open to the extent that weather permits.

PROCEDURES:

- The classrooms will be cleaned regularly.
- No food wrappers, etc. will be left behind in the classrooms.

III. Food

Chadar Ochel (Dining Room)

➤ RULE 1: Students must obey all policies of the chadar ochel whether meals take place in the dining hall or in the hotel lobby.

PROCEDURES

- Students enter and sit according to assigned space for Heller High students. Masks will be worn at all times unless the student is seated and eating.
- Chairs in the dining room and the hotel lobby may not be moved closer together as they are set up intentionally to ensure appropriate social distancing.
- When returning trays, plates, etc, students must wear masks.
(Rule - mask on unless you are seated and eating)
- Staff, except for dorm counselors, may not eat in the chadar ochel or hotel lobby with students.

Marcolit (Kibbutz Store)

- RULE 1: At the start of the program, during the quarantine period, students will not be allowed to go to the marcolit.

PROCEDURES: Students will be able to order from the marcolit online. They will provide their credit card information ahead of time and at the end of the quarantine period, this information will be torn up.

- RULE 2: After the quarantine period, students will be allowed to visit the marcolit. They will sign the health declaration and take their temperature before entering, as is required of anyone entering the store.

Tiyulim (Field Trips) & Ordering In

- RULE 1: Shopping during field trips.
 - In general, when stopping on a bus trip, students can use the restrooms but cannot buy anything in the stores.
 - Supervisors on location may make the decision to enter certain stores if they are empty and masks are worn.
- RULE 2: Ordering In
 - Orders placed to be delivered to the kibbutz must be left outside of the students' rooms and ordered from a "purple badge restaurant."
 - Payment, including tip, should be made by credit card when placing an order, to eliminate contact between students and delivery people.

IV. Leisure Time

Sports

➤ RULE 1: Students can only play sports with other students in the Heller High bubble. As such, they can play unmasked.

PROCEDURES

- Jogging on kibbutz only after quarantine.
- Sports facilities can be used after quarantine.

Visitation

➤ RULE 1: All visits must be approved with the senior administration. Visits will take place outside and all participants and visitors will wear masks and always maintain social distancing. In the event of inclement weather, visits will take place in the hotel lobby, preferably on the covered porch. Again, masks must be worn, and social distancing maintained throughout the visit.

Free nights

➤ RULE 1: Evening outings, off the kibbutz, will not take place until there is a significant improvement in the rate of Corona infections and will be dependent on national policy regarding the opening/closing of indoor and outdoor malls.

V. Office Procedures

Students must arrange in advance to enter the offices of the school. We will try to limit this as MUCH as possible. Teachers will limit their visits to the office as much as possible.

Neither students nor teachers can freely visit the office. When meetings between students or teachers and members of the administration are necessary, they should take place outside. However, if a situation arises necessitating a private space to meet a student or teacher, and there is no other space for said meeting or there is inclement weather, senior staff can bring the student/teacher to the office. For both indoor and outdoor meetings, masks must be worn, and social distancing observed. If meetings take place inside, office windows must be open, weather permitting.

VI. Tiyulim

➤ RULE 1: When off campus, masks must be worn at all times.

➤ RULE 2: On busses, staff enter from the front, students from the back. Everyone on the bus must wear a mask at all times.

➤ RULE 3: Prior to departure, all seat rests will be wiped down by staff members or by the cheder toran.

VII. Sick Students and Isolated Participants

➤ SCENARIO 1: A student has a regular cold or other illness that does not include: fever, cough, stomach “issues.”

PROCEDURES

Students are obligated to share this information with dorm counselors during their regular evening or morning check-in or at any other time.

- Counselor will inform Judy Goldstein.
- Student can receive regular over the counter pain medication (tylenol / advil)
- Student will visit a doctor (or be visited by a doctor) if symptoms persist
- If a student needs to miss class, the dorm counselor must check with Judy Goldstein, David Solomon, or Rabbi Sykes for permission.
- A student who has a cold can attend classes. If a student has strep throat, they must be on antibiotics for 48 hours before returning to classes. Any student who has a fever may only return to class after they are fever-free for at least 24 hours.
- Initial medical treatment will be provided in conjunction with the kibbutz clinic. If necessary, a dorm counselor will accompany the student to the major medical clinic in Mevasseret Tzion.

➤ SCENARIO 2: A student has COVID-19 symptom(s), including: Fever, cough, diarrhea, loss of taste/smell.

PROCEDURES:

- Counselor will inform Judy. Senior staff will decide if the student(s) immediately enters the pre-assigned corona-room.
 - Should the rooms all be fully occupied, we will do our best to locate another room so as to avoid cross-infection. (cross infection = one student has it and others do not.)
 - Counselors will instruct the student to mask up, get clothes for a few days, books, computer/tablet/phone, chargers, and other personal items. **THIS WILL BE DONE WITH NO OTHER STUDENTS IN THE ROOM.** We will get medical advice as to what measures need to be taken for roommates, other group members and staff.
 - Consideration will be made whether to keep the rest of the students from certain programming if it is determined that there is a risk of infecting others with COVID.
 - Rabbi Sykes will inform parents and senior URJ leadership.
 - Judy Goldstein or Rabbi Sykes will speak with a doctor.

- Questions posed to doctor
 - Can/should student visit with a doctor?
 - SHOULD/can the student be immediately tested?
 - Does the student need to remain in quarantine?
- While awaiting test results, student will remain in quarantine.
 - Staff will not enter the room.
 - The entire group will be reminded to wash hands and inform us if they experience any symptoms. They should not touch items belonging to, or used by, the sick student.
 - Students will be reminded of protocols,
 - Any staff who interacted with the student will change clothes, wash hands, etc.
- The student is not to open their door or leave the room at any time.
- Counselors will ensure that meals are delivered to the student(s) in the quarantine room and also spend time on Zoom with the student to help ease the sense of quarantine.
- The student will be checked on every 4 hours and asked to take their temperature at regular intervals.
- A dorm counsellor will track the temperature of the student.
- Should the student have a temperature above 100F which does not come down an hour or two after taking Tylenol/Advil/Acamol, we will call the nurse, or Clalit Health Services for guidance.
- A senior staff member will manage this process from start to finish.

➤ SCENARIO 3: Student(s) test positive for COVID-19.

PROCEDURES:

1. The student will remain in quarantine.
2. The parents will be notified by Rabbi Sykes.
3. Judy Goldstein will update counselors and remind them of the procedures below.
4. URJ Leadership will be informed by Rabbi Sykes.
5. Students will all be asked to wear masks, wash hands, and maintain social distancing until we can get them all into their rooms.
6. Students showing symptoms who have NOT yet been tested for COVID will be isolated (together if needed). We will go into immediate quarantine.
7. Students will be tested. If we need to prioritize, we will start with roommates/good friends/significant others.
8. If we need to transfer to a testing site, we will use a car with dividers in place, masks will be worn, and windows kept open. We will try to organize for testing to take place at Tzuba
9. Upon receiving test results of ALL the students, we will enter quarantine together as follows:
 - a. Students who test positive and have COVID-19 symptoms
 - b. Students who test positive and do NOT show any symptoms
 - c. Students who test negative and have COVID-19 symptoms
 - d. Students who test negative and do NOT show any symptoms
10. Should a student whose test results are negative show symptoms, we will ask the doctor for a referral, if needed, to have them re-tested.

11. ANY interaction that is necessary between dorm counselors or senior staff with the group, at this point, will be done with PPE.
12. All programming will move to Zoom and dorm counselors will continue to check in with students through WhatsApp or from outside the rooms
13. Rabbi Sykes will consult with infectious disease experts regarding additional procedures that may be required. He will maintain regular contact with the staff chair of the URJ camps COVID-19 committee and will update protocols as needed.
14. If hospitalization is required, to the extent permitted by hospital and Israeli governmental policies and protocols, Rabbi Sykes will visit the student while in the hospital. URJ Heller High will take every possible step to ensure that the medical personnel treating a student will communicate with her or him in English and will be present, along with family members, via zoom or other video conference application, to make treatment decisions

➤ **SCENARIO 4:** The entire group or part of the group is required to quarantine due to exposure to the virus.

PROCEDURES: If exposure was extreme (i.e., one of our students broke a rule and was exposed for a long period of time to a sick individual), we will lock down by room for 5 days and students will be asked to report symptoms.

1. Students directly exposed to the virus will be tested immediately and isolated.
2. Other students will enter quarantine by room, and we will continue running programs with dorm counselors (in person), teachers on zoom, etc.
3. Dorm counselors will remain in quarantine with the students. If they are on a day off or away from the campus, they will return to the dormitory for quarantine purposes. Should one of the dorm counselors be sick and unable to perform their duties, we will operate with as few as 4 dorm counselors. Staff (including office staff) may need to locate a dorm counselor/a who was already infected, to join the staff ASAP. If necessary, members of the senior staff will move to Kibbutz Tzuba for the duration of the quarantine.
4. These measures will be taken in consultation with experts in the field.
5. Rabbi Sykes will regularly update parents regarding the status of COVID-19 and Heller High if and when the need arises.

We, the undersigned, understand that these URJ Heller High Corona Protocols – Spring 2021, apply from the time the participant leaves home for the semester, every day during the semester, and until the participant returns from the semester. We understand and acknowledge that compliance with these protocols is not optional, that they are for the participant's safety, the safety of other participants, flight attendants on the planes to and from Israel, Heller High staff, teachers, members of Kibbutz Tzuba, and anyone else with whom the student may have contact throughout the semester.

We affirm that we have read these protocols, discussed them, and they will be obeyed by our child. We further understand that the sanctions imposed by the URJ Heller High staff for any violations could include immediate expulsion at the expense of the parent/guardian with no refund of tuition.

Participant's Name (please print) : _____

Signature of Participant: _____ Date: _____

Parent/Guardian's Name (please print): _____

Signature of Parent/Guardian: _____ Date: _____

Parent/Guardian's Name (please print): _____

Signature of Parent/Guardian: _____ Date: _____

Please sign, date, scan and attach the signature page and upload it to your CamplnTouch account or email it to rkulwin@urj.org.

****URJ Heller High School in Israel students will not be permitted to board their flight to Israel without submitting a signed copy of this form to Robin Kulwin, Heller High Director of Admissions.**